



SOCIETY OF DERMATOLOGY NURSE PRACTITIONERS



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The Society of Dermatology Nurse Practitioners (SDNP) recognizes the emerging evidence regarding the potential adverse effects of prolonged topical corticosteroid use in the management of chronic inflammatory dermatoses. These findings highlight the importance of proactive, holistic treatment planning to minimize long-term risks and support overall patient well-being.

To prioritize patient safety and improve outcomes, the SDNP advocates for the routine assessment of all steroid exposure as a key component of comprehensive dermatologic care. Dermatology nurse practitioners, with their expertise in patient-centered, evidence-based management, are uniquely positioned to integrate this approach into individualized treatment strategies, addressing both the physical and psychosocial aspects of living with chronic dermatologic conditions.

The SDNP acknowledges the growing role of advanced topical targeted therapies that reduce the reliance on chronic topical steroid use. It is imperative that we continue to expand our repertoire to achieve the best outcomes for patients living with chronic dermatologic conditions.

Adopted on August 25, 2025 by the SDNP Board of Directors